



(Tao-Hu)



**Lotus Thai cuisine and coffee shop Arusha Tanzania**  
**Menu Tofu.all this menu tofu several with steamrice**  
**15,000Tzs.**



### **1:Tofu fried salt.**

Ingredient tofu fried with salt and topped with garlic spring onion,chilli's.



### **2:Fried tofu in gravy sauce.**

Ingredient Tofu fried cooking in gravy sauce and vegetables salt soya sauce sugar .



### **3:Tofu fried vegetable.**

Ingredient Tofu fried cooking with soya sauce salt sugar mixed vegetables.



### **4:Tofu pad ka-pao.**

Ingredient fried tofu with chili garlic soya sauce sugar salt and basil.



### **5:Tofu pad-khing.**

Ingredient Fried tofu with garlic sweet chili celery spring onion salt soya sauce sugar.



### **6:Thai Green curry tofu..**

Ingredient Thai green curry cooking with coconut tofu and vegetables salt sugar.



**1:Khao man+som tum +kaitod:**

Ingredient:Rice coconut,papaya spicy salad,fish sauce,garlic Sugar,lime tomato chicken fried garlic



**2:Pad ora-time,Beef,pork,chicken**

Ingredient:Fried Garlic,coriander,soy sauce black pepper powder ,steam rice,sun eggs



**3::Pad Khing,Chicken,Beef,Pork**

Ingredient:Fried ginger garli,soy sauce,sweet chili celery sugar,spring onion, steam rice sun egg.



**4:Stir-fried beef with oyster sauce.**

Fried garlic beef onoin celery sesame oyster sauce black pepper sugar fish sauce Rice and sun egg.



**5::Pad ka pao ,Beef, seafood, chicken,pork**

Ingredient:chili,garlic,basil,fish sauce drak soy sauce,onion,sweet chili Rice and egg.



**6:Pad prick kaeng.,Beef, seafood,Chicken,pork**

Ingredient:red curry paste ,sweet chili,Onoin,basil,fish sauce,sugar kafir lime □.

**7:Pad preaw whan.**



Ingredient:garlic,pineapple,cucumber,onion,bell peppers,tomato sauce,spring onion,sugar,salt ,Rice sun egg.



**8:Lab Chicken,Beef, seafood pork**

Ingredient:Onion mint, fish Sauce chili fresh □ lemon coriander

All Thai cuisine seafood 30000Tzs  
Beef,Pork,Chicken 20000Tzs with Rice &egg.

Lotus Thai  
Restaurant and  
Coffee shop



## Dessert

1: Sticky Rice with Mango ,  
Sticky Rice with coconut sugar and mango .

**10000 TZS.**

2: Ice cream Sticky Rice coconut and mixed fruits syrup .

**7000 TZS**

3: Red beans in coconut sugar and sticky Rice.

**5000 TZS**



4: Seasonal fruits Arusha Tanzania.

**5000 TZS**



**Lotus Thai Restaurant  
Menu Soup & Coconut**



**1:Tom-Yam Soup**

**Seafood-30000 Tzs Chicken,Beef-20000 Tzs**

Ingredient:galanga,lemone grass,kafir,lime leaves,onion,chili,chili paste,tomato,mushroom,fis sauce,sugar,milk cream,coriander



**2:Thai Green curry( kaeng khiew whan)**

**Chicken,Beef,Pork 15000 Tzs**

Ingradient:thai green curry,paste,peas,eggs plqnts,chili,basil,sugar,frishsauce,coconuts milk.



**3:Thai red curry,Chicken,beef,pork.15000 Tzs.**

**(kaeng paste. )**

Ingredient:thai red curry paste,peas,vegetable,ssweet chili,basil,sugar,fish sauce,coconuts milk.



**4:Yellow curry chicken 15000Tzs.**

Ingredient thai yellow curry ,coconuts,poteto,tomato,chicken,fish sauce,sugar onion .



**5:Tom-kaa kai,Chicken 15000Tzs.**

Ingredient:galangal lemon grass,onion,coconut, fish sauce,tamarin,coriander,cauliflower,



**6:Tom-zaab chicken,pork,beef 15000 Tzs.**

Ingredient:Onion,chili,lomonegrass,basil coriander,soup Lemon fish sauce style thai herbs, make body warm



**7":Pad Tha Prawn 30,000,Chicken,Beef,Pork 20000 Tzs**

Ingredient: Thai noodle egg,tamarind sauce,tomato sauce,tofu,sugar,fish sauce,sugar,chives,spring onion,



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**1: Papaya-Salad(Som-Tam) Plain-5000**

Chicken Seafood-15000 Tzs.

Fresh Papaya mixed with

garlic,chili,tomato fish sauce,lime or salt and sugar.



**2: Rice in Coconut(Khao-Yam)**

Plain 10,000, Chicken, Seafood 15,000 Tzs

Rice mixed with coconut, Thai red curry paste,  
deep fried, Served with Peanuts and ginger.



**3: Spring Roll** vegetable 5000, Chicken-10000 Tzs

Flour wrapped vegetables or chicken fried deep  
with vegetable oil



**4: Dumpling** Vegetabel 5000, Chicken-10000 Tzs

Flour wrapped

vegetables or chicken in garlic, pepper, con flour salt and fried deep.



**5: Thai Sausage (Sai-Hua) 15000 Tzs**

Thai style sausage with a mixture of herbs, minced  
pork, lemongrass, onion, garlic, kaffir lime, salt and steam after  
grill well done served with chili, fresh ginger, spring onion



**6: Peanuts spicy salad(yam-Tua) 5000 Tzs**

Peanuts mixer with ginger, lemon, onion, chili, spring onion



**7: Tofu (Tua-hu-Tod) 10000 Tzs**

Fresh Tofu the best protine for vegen fried and served  
with Tamarine sauce and peanuts .



## 1: Prawns in tamarind sauce. Lotus Thai Restaurant

Ingredient: prawn, tamarind, ketchup Arusha

shallots, sugar, corn starch, coriander, chili, fish sauce, ground nuts



## 2: Crispy Thai Prawn cake

Ingredient: root coriander, salt, crispy flour, garlic, pepper



## 3: Yam Ta-ley, Yam Kai, Yam Beef

Ingredient: Seafood or Chicken, Beef, chili, onion, celery, spring onion, coriander, ground nut, tomato, carrot cabbage, sugar, fish sauce, lime.



## 4: Yam mama, seafood or Sausage

Ingredient: Yellow noodle, chili, onion, celery, spring onion, coriander, ground nut, tomato, carrot cabbage, sugar, fish sauce, lime.



## 5: Yam woon sen, Seafood or Sausage

Ingredient: glass noodle, chili, onion, celery, spring onion, coriander, ground nut, tomato, carrot cabbage, sugar, fish sauce, lime.



## 6: Fried rice with pineapple

Ingredient: cashews nut, onion, pineapples, garlic, tumeric, curry powder, chili, coriander, soy sauce, sugar, salt peppers powder.



## 7: Prawn or fish Chuchee

Ingredients: Red curry For Chuchee, coconut, kafir lime leaves, sugar, chili fresh, fish sauce



## 8: Pad med ma muang.

Ingredient: Cashews, onion, bell peppers, garlic, soysauce, oyster sauce, dark soy sauce, sugar



All Thai cuisine Seafood 30,000 Chicken, Beef 20000Tzs  
Several with Rice .